Appropriate Patient Referrals for Diabetes Education and Outpatient Nutrition Therapy:

**Diabetes Education**

**Phone:** 609.2867  **Fax:** 609.2088

Use Diabetes Education Referral Form on SJRMC Intranet
Type 1 diabetes (A1c > 6.5 at time of referral) and follow-ups
Type 2 diabetes (A1c > 6.5 at time of referral) and follow-ups
Hypoglycemia, DM diagnosis
Insulin dependent patients
GDM first appointments
GDM follow-ups
Patients are called within 2 days of receiving a referral
Goal for scheduling Type 1, Type 2 and insulin dependent patients are within 28 business days
Goal for scheduling GDM first appointments are within 7 business days

**Outpatient Nutrition Therapy**

**Phone:** 609.2863  **Fax:** 609.6903

Use Medical Nutrition Therapy Form
Type 1 well-controlled diabetes (A1c < 6.5 at time of referral) and follow-ups
Type 2 well-controlled diabetes (A1c < 6.5 at time of referral) and follow-ups
Celiac disease
Failure to thrive
Food allergies
Hyperlipidemia / Heart healthy eating
Hypoglycemia, no DM diagnosis
Irritable bowel syndrome and other GI disorders
Liver disease
Nutrition referrals (general healthy eating and meal planning referrals)
Obesity
Polycystic Ovary Syndrome
Renal disease
Pre-Diabetes (A1c 5.7% to 6.4%)

**Communication among Departments:**

**Referrals for Diabetes Education on MNT referral form:** Contact referral source to approve sending MNT referral to Diabetes Education.

**Referrals for MNT on Diabetes Education referral form:** Contact referral source to approve sending MNT referral to Outpatient Nutrition Therapy.

12.10.15