Chronic Condition Management

Chronic Conditions	Minimum Annual Care Recommended
Asthma	2 Provider Visits 1 Spirometry
Atherosclerosis	1 Provider Visit 1 Lipid Panel
Atrial Fibrillation	1 Provider Visit 1 EKG 6 Prothrombin Times (if on warfarin)
Chronic Obstructive Pulmonary Disease	2 Provider Visits 1 Spirometry
Chronic Renal Insufficiency	2 Provider Visits 2 CBCs 2 Creatinines 2 Electrolytes 2 Urine Proteins 2 Calciums 2 Phosphorus 1 Lipid Panel
Congestive Heart Failure	2 Provider Visits 2 BUN 2 Creatinines 2 Potassiums
Coronary Artery Disease	1 Provider Visit 1 EKG 1 Lipid Panel 1 Cholesterol
Depression	4 Provider Visits
Diabetes	2 Provider Visits 2 Glycohemoglobins 1 Urine Microalbumin 1 Lipid Panel
Epilepsy	1 Provider Visit
Human Immunodeficiency Virus Infection	1 Provider Visit 2 T-Cell Counts 2 HIV Quantifications 1 PPD 1 CBC 1 Pap Smear (women only)

Chronic Conditions	Minimum Annual Care Recommended
Hyperlipidermia	1 Provider Visit 1 Lipid Panel 1 Cholesterol
Hypertension	2 Provider Visits
Hyperthyroidism	1 Provider Visit 1 TSH 1 T4
Hypothyroidism	1 Provider Visit 1 TSH 1 T4
Metabolic Syndrome	1 Provider Visit 1 Lipid Panel 1 FBS or Glycohemoglobin
Multiple Sclerosis	2 Provider Visits
Parkinson's Disease	2 Provider Visits
Polymyalgia Rheumatica	2 Provider Visits 2 ESRs 1 CBC
Pre-Diabetes	1 Provider Visit 1 Lipid Panel 1 FBS or Glycohemoglobin
Pulmonary Htn/Cor Pulmonale	2 Provider Visits
Pulmonary Htn/Cor Pulmonale with COPD	2 Provider Visits 1 Spirometry 12 02-Tx
Rheumatoid Arthritis	1 Provider Visit 1 CBC
Schizophrenia	6 Provider Visits
Sleep Apnea	1 Provider Visit
Thrombo-embolic Disease	2 Provider Visits
Ulcerative Colitis	1 Provider Visit 1 CBC 1 LFT

This table lists the conditions within our program in the left column and corresponding minimum care recommended in the right column. Please recognize that these recommendations represent the American Health Data Institute's Minimum Annual Care Recommendations for these conditions; good clinical care may require considerably more services.

San Juan Regional Medical Center

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